

CHAMPIONING MEMBERS

NRMA Motoring & Services has been dedicated to improving road safety for the people of NSW for many years.

As part of this commitment, NRMA offers you a road safety awareness program especially for senior road users called 'Years Ahead'.



YEARS AHEAD PROGRAM

For further information or to make a booking for your group, please call NRMA on **02 8222 2164**.

YEARS AHEAD PROGRAM

ROAD SAFETY FOR SENIORS

Invite NRMA Motoring & Services to visit your group for a **free** talk about the road safety of seniors.

The Years Ahead program is free and delivered by trained NRMA presenters from within the peer age group.

All drivers, passengers and pedestrians are at risk every time they use our roads, and as people get older their risk of being involved in a crash can increase.

More about the Years Ahead program

The program is free and convenient: we come to your seniors group. (Groups are a minimum of 15).

The informative and informal presentation features up-to-date statistics and video footage.

Since 1999 over 1400 senior groups have participated in – and benefited from – the hour-long presentation that is both enjoyable and helpful.

See reverse for booking details



What we'll discuss



Crash involvement

Are older drivers more at risk?
We look at the facts

Safe driving tips

Lots of easy reminders and checks

Road rules

Are you up to date?

Vehicle safety

A really useful checklist

Pedestrian safety

Staying safe as a pedestrian

Physical fitness and driving

Checking our fitness so we can enjoy driving longer

Mobility alternatives

Planning for when you can no longer drive

