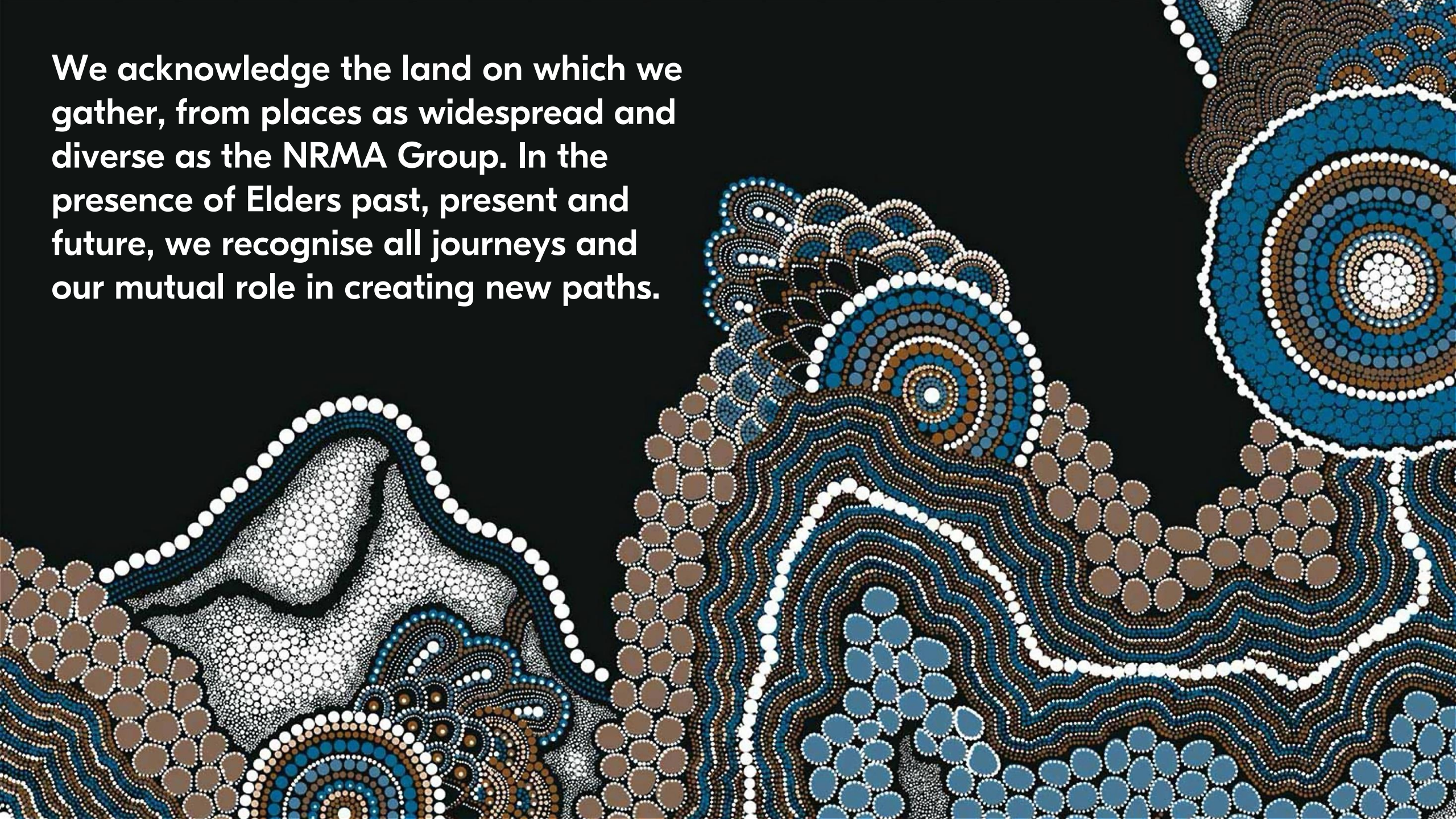


We acknowledge the land on which we gather, from places as widespread and diverse as the NRMA Group. In the presence of Elders past, present and future, we recognise all journeys and our mutual role in creating new paths.





ROAD
TRAVEL
REWARDS

Free Movers Independent and Resilient

Stage 4 Road Safety Education

Unit 1 Course Content

1.0 **Choosing the safest route**

2.0 **Planning your way home**

3.0 **Safe places to be**

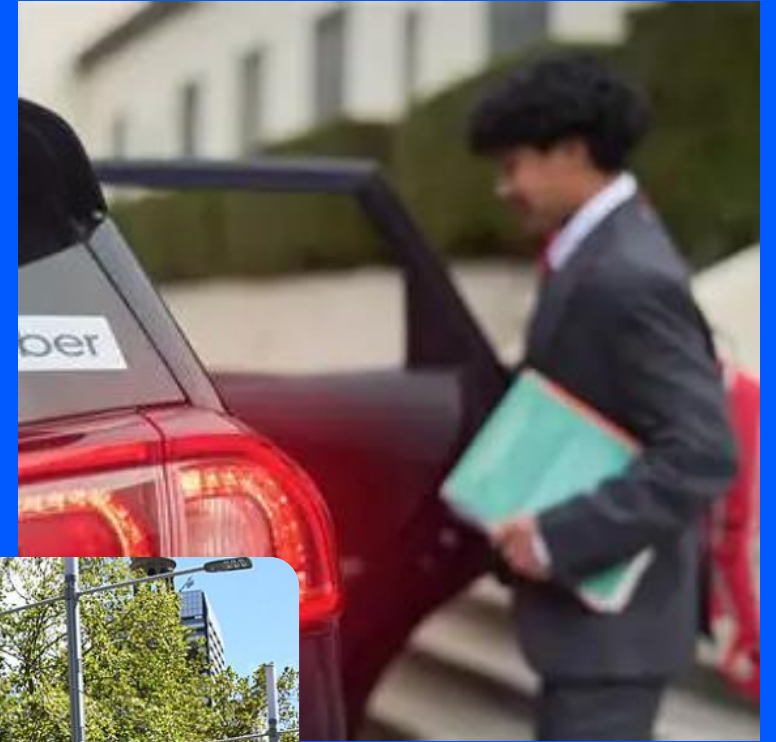
4.0 **Sharing your plans**

5.0 **Getting help if needed**

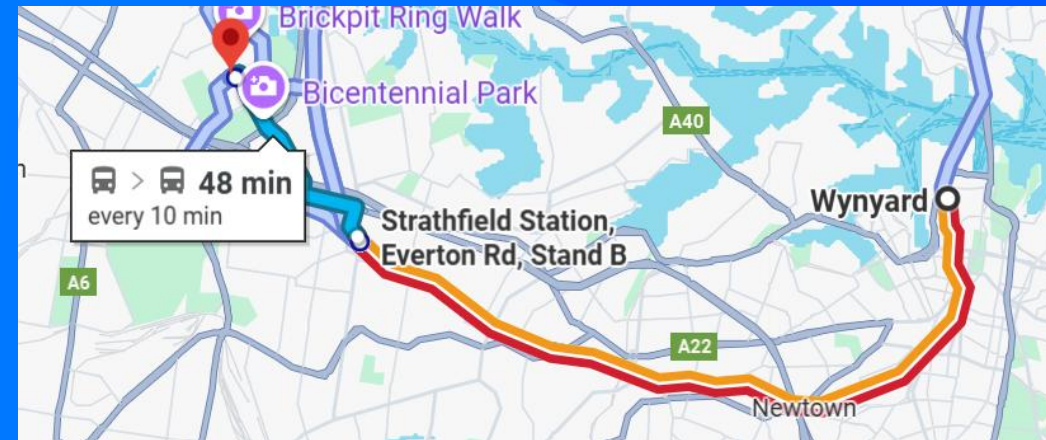
Choosing the Safest Route



Choosing your Transport



Public Transport Tips



Walking Safely

- Are there safe footpaths?
- What type of roads will you travel on?
- Which roads do you have to cross?
- Is there a safe place to cross each road?



Planning your way home

- What time do you need to be home?
- How long will it take?
- Why might this be different from your outgoing trip?
- Will it be getting dark?
- Changing plans



Staying Safe After Dark



Be Prepared for the Unexpected



Safe Places to be

- Park and lock your bike somewhere sensible.
- Don't "hang out" near roads
- Have fun but be considerate of others



Bike Parking Etiquette



Student Scenario:

Kai and Ava are running late.

Ava suggests a shortcut home down a narrow road with no footpaths and poor lighting. It's faster, but it's also busy with fast-moving traffic.

Kai isn't sure...
Should they risk it?



On Paper

Discuss:

What does independence mean to you? How does it affect your safety choices walking, cycling or taking public transport?

Do:

**Create a “My Safe Travel Plan” to somewhere you might go.
Include route choices and safety considerations.**

Reflect:

Think of a time you felt independent. Did you think about safety? Would you do anything differently next time?