



ROAD
TRAVEL
REWARDS

NRMA Young Driver Road Safety Program
Unit 3: Learning to Drive
Teaching Notes

PROGRAM DESIGN

Students to watch the video either individually or as a class group. The following multiple choice questions appear throughout the video to check engagement and understanding - If students have logged into EdPuzzle individually their responses and progress will be shared with you at the start of the following week. This document contains further discussion questions and extension tasks.

SUPPORTING QUESTIONS

These questions pop-up as part of the video to check student engagement and understanding.

What is the minimum number of hours you need to log driving at night on your Ls?	<ul style="list-style-type: none"> a. 18 b. 20 c. 120 d. 85
Driving at dawn and dusk is particularly difficult as the sun is directly in your eyes and often for extended distances.	<ul style="list-style-type: none"> a. True b. False
Which of the following is NOT a safety strategy recommended during wet weather driving?	<ul style="list-style-type: none"> a. Slow down b. Pay attention to hazards (like flooding) c. Stay close to the car in front so they can guide you in poor visibility
Driving on busy, metropolitan roads can be stressful. Which of the following is NOT a helpful tip that can help you to keep safe whilst driving in the city?	<ul style="list-style-type: none"> a. Reduce your speed b. Check your blind spots c. Turn on your windscreen wipers
What is the maximum speed for a P1 driver?	<ul style="list-style-type: none"> a. 60kph b. 80kph c. 90kph d. 110kph
You have completed Unit 3. Do you have a better understanding of the experiences you need as a learner driver to prepare you for solo driving?	<ul style="list-style-type: none"> a. Yes b. No

DISCUSSION QUESTIONS

Facilitated class or group discussion is highly recommended for these questions.

DISCUSSION QUESTIONS:	SUGGESTED ANSWERS:
Name at least 3 driving skills you need to learn to pass the test to get your Ps?	Lane changing Parallel parking Roundabouts Merging Overtaking Checking blind spots
List at least 3 experiences you need to gain on our Ls to prepare you for driving solo on your Ps?	Going to new places Driving at night Country driving Driving in peak hour traffic Driving with passengers
Name 3 behaviours you need to develop during your Ls to reduce your risk as a P plate driver?	Having a low risk driving mindset Being patience in traffic Sticking to the speed limit Managing the behaviours of passengers in your car Not operating mobile phone
If you see wildlife on a rural highway, what should you do?	Wildlife can be very unpredictable, so don't slam on the brakes or swerve if they jump in front of you as this could cause a pileup around you.

Name one thing that you learnt from Unit 3: Learning to Drive that you will share with your friends/family.

Suggested answers:

- *Your Ls period sets you up for driving for the rest of your life. Here are some top tips to remember:*
- *Plan ahead so you make the most of the opportunities that arise. Look for variety in your driving to broaden your experiences.*
- *Drive to places you intend to go to when you're on your Ps with your friends so you know what to do.*
- *Take the lead: educate your supervisor and help them to understand the ways they can help you get the skills that you need and develop your confidence.*
- *Use your professional driving lessons efficiently across the whole 120 hours so that you can be the best driver possible.*

EXTENSION ACTIVITIES

ON THE MOVE – Transport for NSW

The Driver Knowledge Test | On the move

Students will improve their knowledge of road rules and laws in a variety of driving situations, use the online [Driver Knowledge Test](#) and be able to analyse and assess their responsibilities as a driver and passenger to minimise risks to themselves and others. See also: [Road User handbook](#)

VIDEO TRANSCRIPT

In Unit 3 of our young driver road safety program we are learning to drive. In this unit we will look at how to get the most out of your 120 logbook hours.

You will remember this graph from previous units. It shows the number of casualty crashes in the first 4 years of driving which is the reason for the GLS.

Driving is a combination of skills, experiences, and behaviours on the road. What are some of the driving skills you will need to pass your Ps test?

You'll want to practice: changing lanes, parallel parking, roundabouts, merging, overtaking, and checking blind spots.

It's not just about driving skills though. It is also about getting a wide variety of experience to prepare you for solo driving. But how can you broaden your experiences on the road?

You may choose to do things like; go to new places, drive at night, do some country driving on long stretches of road, drive in peak hour traffic or even drive with passengers in the car.

The learning to drive period will help you to develop the skills and behaviours that will be a foundation for your future driving life, such as:

- Having a low risk driving mindset
- Being patient in traffic
- Sticking to the speed limit
- Managing the behaviour of passengers in your car
- Not operating your mobile phone

NOTE: The Driver Knowledge Test | On the move

Improve your knowledge of road rules and laws in a variety of driving situations. Use this online [Driver Knowledge Test](#) to be able to analyse and assess your responsibilities as a driver and passenger to minimise risks to yourself and others. See also: [Road User handbook](#)

Learning about maneuvers and behaviours is important, but you also need to experience real world driving situations to really develop your skills and your confidence.

Take active control of your 120 logbook hours to get the best preparation possible. This may mean that you'll need to educate your supervising drivers who may be fearful. Plan these experiences carefully as you get more hours behind the wheel.

Work with your driving supervisors to create a plan for your L period. This plan may include driving to all the places you will want to go to with your friends once you've got your Ps: a Maccas drive through, a trip to the beach, or even a longer road trip.

Driving at Night

Driving at night is challenging and this is why there are 20 mandatory logbook hours dedicated to this.

At night, other cars' headlights can dazzle you and it's harder to judge distance. Driving at dawn and dusk when the sun is directly in your eyes can be really difficult. This requires practice to build up confidence.

Top tips: Increase your following distance beyond 3 seconds at night and reduce your speed.

Wet Weather Driving

Driving in the rain is hard with poor vision. Plan ahead, check the weather forecasts and make sure you get some practice in these conditions.

Use this to develop your hazard perception skills and get a feel for how your car will react to braking on wet and greasy roads.

Watch out for pedestrians who are also distracted by the rain.

Top tips: Slow down, increase your following distance and pay attention to hazards on the road such as flooding.

City Driving

Congestion is a fact of life for city drivers. Plan to get some practice travelling in peak hour traffic and on the roads you think you will be using when you're on your Ps.

Top tips: Be patient, stay alert, check your blind spots when changing lanes, reduce your speed and plan your route beforehand so you know which lanes to take.

Regional driving

The speed limit on rural roads is 110 km but as a learner and P1 driver your maximum speed is 90km per hour.

Top tips: Drive confidently, stay in your lane whilst driving within your speed limit. This allows other drivers to safely overtake your vehicle.

Remain calm even if there is a big truck behind you. Drive in a predictable manner so the truck driver can assess when it is safe to overtake. Remember to stay out of the blind spots of trucks. If you can't see their mirrors, they can't see you.

Also, wildlife can be very unpredictable, so don't slam on the brakes or swerve if they jump in front of you as this could cause a pileup around you.

Professional driving lessons provide great support to you and your supervising drivers. They are the best way for you to learn new skills the first time, such as driving at night, peak hour driving or even doing a drive-through at Maccas without stressing you or your supervising drivers.

Use your professional driving lessons wisely throughout your whole 120 logbook hours. The NSW Government recognises their value and gives 3 bonus logbook hours for each 1-hour lesson taken, up to a total of 30 bonus hours.

Safer Drivers Course

The NRMA also delivers the Safer Drivers Course for the NSW government.

The course costs \$140, which includes a 3 hour group discussion with other learners, and a 2 hour coaching session in a vehicle with an instructor and another learner.

You must have completed 50 on-the-road logbook hours and some night driving to be allowed to do this course. On completion you will receive an additional 20 bonus logbook hours.

(VIDEO INTERVIEW)

NOTE: You can find out more about the DLAP program here: [Driver Licensing Access Program \(DLAP\) | NSW Government](#)

Conclusion

Your Ls period sets you up for driving for the rest of your life. Here are some top tips to remember:

- Plan ahead so you make the most of the opportunities that arise. Look for variety in your driving to broaden your experiences.
- Drive to places you intend to go to when you're on your Ps with your friends so you know what to do.
- Take the lead: educate your supervisor and help them to understand the ways they can help you get the skills that you need and develop your confidence.
- Use your professional driving lessons efficiently across the whole 120 hours so that you can be the best driver possible.

When we get on the road as a driver, a passenger, or a pedestrian, we join a network of people who are connected by a shared responsibility to get each other where we are going safely. Remember: you're counting on others to make good choices, and others are relying on you!

In addition to this program, the NRMA has a range of support services to help young drivers. Find out more by searching for us online.

NOTE: Visit [Roadside assistance for young drivers | Free2Go up to 2 years free | The NRMA to explore support services for young drivers.](#)



