

THE NRMA  
INDEX



December 2025

**The NRMA Index –  
how Australians  
are travelling.**





The latest NRMA Index findings tell us that social connection remains strained, only a third feel they belong in their local community, participation is low, and many don't feel comfortable asking neighbours for help.

Australians also want more focus on crime and safety, support for vulnerable people, and fair access to local services, with trust strongest in neighbours and councils signalling that community led solutions matter. On the roads, unsafe driving and poor conditions remain major worries, while cost of living pressures are driving households to cut back and seek better value. Yet there's optimism too: people are simplifying their lives and looking to get more from rewards programs, creating opportunities for brands that help make life safer, easier and more affordable.

## Connection



## Community



On the road



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As a mutual, everything we do is guided by what matters to our members. That's why your voice is so important. By sharing what you think and feel – how you're travelling and how we can help – you're shaping where we focus our time and energy. Tell us what's working, and what isn't, so we can take action where it counts.

Learn more about the  
NRMA Index at  
[mynrma.com.au/nrmaindex](https://mynrma.com.au/nrmaindex)

## Thoughts on travel



## Budgets and member benefits

